



Getting the flavour of...

A private Caribbean island

The Caribbean resort of Jumby Bay, Antigua, occupies a private island ten minutes by car and boat from Antigua's international airport. Thanks to this "irresistible combination of privacy and convenience", it attracts plenty of "rich and famous guests", says Lydia Slater in *ES Magazine*. But while Lord Sainsbury owns a house here and Paul McCartney has often visited, the resort feels "pleasantly egalitarian", thanks to its all-inclusive rate policy (which stretches to the house champagne) and the identical bicycles on which guests "zoom about the island". After a recent \$28m upgrade, most rooms have "giant" beds, outdoor baths and views over a "picture-perfect", palm-lined beach. From April to November, hawksbill turtles lay their eggs on another beach, where you can sometimes see the hatchlings "tottering" towards the waves. *ITC Classics* (01244-355550, www.itcclassics.co.uk) has 7 nights for £3,799pp (saving £670pp), incl. flights.

The heart of Normandy

A visit to the Pays d'Auge in Normandy is "one of Europe's finer methods for relieving stress and promoting wellbeing", says Anthony Peregrine in *The Sunday Times*. Littered with "comely villages" full of "cheese, cider and tranquillity", the region lies east of Caen and inland from the swanky seaside resort of Deauville. To taste the local

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